



# Landscaping International Longitudinal Datasets |

## WHO ARE WE?

We are a partnership of researchers, charities, and industry and lived experience experts funded by the Wellcome Trust



## WHAT DID WE DO?

We searched the world for datasets that have 1. collected data from a group of people repeatedly over time (i.e., longitudinally) and 2. the potential to support research on mental health and transform interventions



## WHAT DID WE FIND?

We found 3,000+ longitudinal datasets worldwide:  
25% from North, Central & South America;  
25% from Africa, the Middle East & Asia;  
46% from Europe & the Pacific; and 4% cross-regions

**19**  
**POCKETS OF VALUE**

Within those datasets, we discovered richness for mental health research in several longitudinal datasets that we organised into 19 pockets of value

**4** **AREAS OF ENRICHMENT**

LEARN MORE



- We identified four research areas that could be improved:
- The diversity of people included in longitudinal datasets
  - How and where mental health conditions are measured
  - Systems that make it easier for researchers to connect and work together
  - The involvement of people with lived experience of mental health conditions, communities and service users

